# DIGI LIGHT TECHNICAL INFORMATION FROM GABRIEL BERNARD

Translation: A polychromatic light is a mix of three light colours: red, green and blue. The polychromatic light of the Digilight provides dynamic action for photo-chemical reactions at the cellular level. The Digilight head holds 5 independent red / green / blue modules. Each module has three sources of light – red, green and blue – that mix every 5 seconds to provide dynamic photo [light] stimulation at the cellular level akin to a rainbow of light. This develops a progressive reaction to revitalize the tissues. It is important that the exposure time be maximized to ensure a good, vital physiological reaction within the cells.

Next, [at the same time] you have electrical stimulation with high frequency micro current to open the cellular membranes to promote bio-chemical reactions at the cellular level. The Digilight is composed of 8 electrodes, 4 of which emit the various high frequency wavelengths. The gold electrodes [yes they are real gold] emit a positive signal and the silver electrodes [actually iridium] are negative. [As a result, the micro current is pulled through the body from the gold to the iridium electrodes]. The 4 gold electrodes are divided into a 2 MHZ emitter (20-30mm penetration), a 14 MHZ emitter (10-20mm penetration), a 32 MHZ emitter (5-10mm) and a 50 MHZ emitter (0-5mm).

It is very important to do a microdermabrasion [on the area to be treated with the Digilight (this can be manual (Dr. Belter Oriental Peeling Glove with Phyto Cleansing Lotion or Sea Salt & Sugar Scrub or with the Polyskin attachment] also that the Body Gel be used as use of the Body Gel increases the performance/effectiveness of the bio chemical reactions at the cellular level.

The treatment protocols for the Digilight were taken by Gabriel from textbooks on Chinese acupuncture, acupressure and Chi (energy meridians within the body). The major concept and triumph of the Digilight is that it allows users to provide full body wellness to their clients amongst other benefits.

## **Client Comments**

For Anti-aging

We use the Digi Light for lifting neck and face because of the 4 different levels of Micro current. We always put an ampoule on before we start. The current and the combination of light push the product deeper into the cell structure. Most people even with good skin may have broken capillaries, hyperpigmentation, etc.

All skin types will benefit from this treatment.

We use the Digi Light for about 10 minutes

## **Rosacea and Couperosis**

We often use for almost (20 min) or all of treatment because of the combination of the lights and micro current it will reduce inflammation, increase circulation, and lymph drainage this helps to kill bacteria and increases healing. I find that aloe ampoule or gingko balboa works well.

#### Acne

I will spend most of the treatment using Digi Light because the same benefits as with rosacea. I like to use the acne ampoule clarity concentrate or a thin layer of the acne gel on the face. It also heals scaring at the same time.

I do concentrate in the areas affected but will also spend a little time on the entire face.

## **BODY TREATMENTS**

For tightening (slimming) of stomach 30 – 60 minutes.

Legs (front and back each a 60 min appointment) bum is included with the back of thighs.

Results depend on size of body part I am treating and frequency of treatment.

I have seen some excellent results.

Clients are happy and are continuing treatments.

This treatment also has multi benefits, it treats scaring stretch marks overall tone and texture of skin at the same time as slimming and toning.

I even had a client tell me her IBS symptoms improved after stomach treatments.

I use the lipo activator and the slimming gel I use like a cream and rub over area I is treating.

# **Treating injuries**

We are treating a lot of sports injuries now. They are mostly client referral. We have treated shoulder separation, hand, ankles, feet, neck, and groin injuries.

All appointments are 30min.

The digi light gives a reduction in pain, inflammation, increases the rate of healing, and begins repairing the area because of the blood flow and oxygen.

They are usually multiple treatment but not always (depends on injury) 2-6 I generally use a gel or factor 5 mask to give me some slippage and follow up with a muscle massage.

# **Light Therapy Massage**

Adding the light therapy to a regular massage allow us to offer a very unique treatment that no one else is doing and is also very effective becasue of the reduction in inflammation and pain.

I recently experienced a Poly Skin and Digi Light Treatment. The body cleansing and release of tension was truly amazing. I could feel the warmth of the Digi Light and received a deep tissue massage but no hard pressure.

Afterwards I couldn't believe the release of tension in my shoulder blades and neck. It felt great to have more movement in my neck.

I also had an opportunity to give a client a treatment and it was much easier than actually giving a deep tissue massage (which requires lot of energy). What I saw I would not have believed if I had not seen it with my own eyes,

"The client was very swollen around the shoulder blades, and as I used the Digi Light, the only way I can describe what I saw is it was like watching a cake fall that came out of the oven to soon".

I am very excited about the benefits my clients will receive from this new technology.

Lavita Trimble